

August 2024 MARC Inc. REC

August's REC Sponsor is the CT DDS, Thank You!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Wellness Walks every Monday - Friday, 12:30pm - 1:30pm				1 REC ACTIVITY: REC Club Night @ MARC Activity Bandana Bracelets 2:30p - 6:30p	2	3
4 REC ACTIVITY: Sunflower Maze at Lyman Orchards 9:00a - 4:00p	5	6 REC ACTIVITY: Pottery Night at Firestone Café 2:30p - 6:30p	7 Workout with Wakime 151 Fitness Center 12:30p - 1:30p All ability fitness class open to all Staff and People Served	8 REC ACTIVITY: REC Club Night @ MARC Activity: Melting Cups Craft 2:30p - 6:30p	9 REC ACTIVITY: Cinemark Movie & Dinner Out 2:30p - 7:30p	10
11	12 REC ACTIVITY: Mini Golf & Dinner Out 2:30p - 6:30p	13 REC ACTIVITY: Dave & Busters 2:30p - 6:30p	14 Workout with Wakime 151 Fitness Center 12:30p - 1:30p All ability fitness class open to all Staff and People Served	15 REC ACTIVITY: REC Club Night @ MARC Activity: Pottery 2:30p - 6:30p	16	17 REC ACTIVITY: Hiking @ Case Mountain & Dairy Queen 9:00a - 3:00p
18 REC ACTIVITY: Duck Hunter Shoots Angel @ LTM(2:00 show) 11:30a - 6:00p	19	20 REC ACTIVITY: Cinemark Movie & Dinner Out 2:30p - 7:30p	21 Workout with Wakime 151 Fitness Center 12:30p - 1:30p All ability fitness class open to all Staff and People Served	22 REC ACTIVITY: Let's Explore with Lynn Damon 2:30p - 6:30p	23 REC ACTIVITY: Canvas Painting at Firestone Café 2:30p - 6:30p	24
25	26	27 REC ACTIVITY: Bowling at SpareTime 2:30p - 6:30p	28	29 REC ACTIVITY: REC Club Night @ MARC Activity Colorful Jellyfish Craft 2:30p - 6:30p	30	31 REC ACTIVITY: Yard Goats 4:00p - 10:00p (Game at 6:10p)

To register for a MARC REC event, visit the Recreation page on our website, www.marcct.org/rec
See Amanda Moore with any questions 860-646-5718 x114, amoore@marcct.org